



Presented by

***Neighbor-To-Neighbor, Inc. (N2N) & Community Mediation Services of
Polk County (CMS)***

Your Community Non-Profit Dispute Resolution Centers

Basic Mediation Training

This 40-hour training is open to the public. The concepts and skills taught can be applied not only formally as a mediator but individually while informally interacting with others at home, at work, or in the community. Become skilled at de-escalating confrontational situations, listening actively and facilitating creative solutions through small group exercise, role plays and class discussion. Training will include an extensive manual and cover such topics as: Overview of Dispute Resolution Systems, Conflict Dynamics, Concepts and Styles, Formal Mediation Process (outline and narrative), Interpersonal Skills, Role of Mediator, Co-mediation, Neutrality and Bias, Positions/Underlying Interests and Basic Needs, Mediator Ethics and Professional Standards, Cultural diversity awareness, and Case development

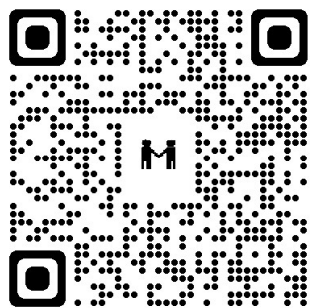
This course is designed to meet all the standards for basic mediation training set by ORS Chapter 36, UTR C 12, the University of Oregon School of Law, and OMA (Oregon Mediators Association)

October 1, 2, 3, 9, 10, 2026 (8:30am—5:00pm) *Registration deadline is September 25, 2026*

347 Union St. NE, Salem, OR 97301 *This is an in-person training and space is limited to 12*

Cost: \$650 Discount for Volunteers: N2N offers 10% for becoming an n2n mediator and a \$300 n2n incentive for completing 20 hours in one year. CMS offers a \$300 discount for 2 yr. commitment. 100% Bilingual scholarships available to qualifying individuals willing to volunteer for 2 years.

Trainers: Heather Wright, Mediator / Director of Neighbor to Neighbor, Inc. and Mary Moll, Mediator/ Director of Community Mediation Services of Polk County



To Register go to [n2nmediation.org](https://forms.gle/p1GfkiXEKfe41FAr7)

You must pay a \$50.00 non-refundable registration fee and submit the registration form.

<https://forms.gle/p1GfkiXEKfe41FAr7>

or call 503-585-0651, opt 7



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